

KENNETH MADDEN RETREAT

Doolin, Co. Clare, Ireland

Dates: Sept 28th-Oct 3rd, 2026

RETREAT

I live on the edge of the Burren. The Burren lowlands to be exact. I love this area. The geography, the feeling of sea air on your skin, the food, the people, the way the light illuminates the exposed limestone hills. The Burren is a remarkable place and I think, perfect for this remarkable communication. The purpose of the retreat is to sit together in conversation daily and consider another possibility, one that is rarely communicated uncompromisingly and clearly. I feel a morning of meetings is sufficient and it is best to explore in the afternoon. There will be opportunities to talk on a one to one basis during these walks and there may be space to have a meeting before dinner in the evening.

The retreat will be held in a village called Doolin at the edge of the Burren. It is a seaside village but equally it could be described as being at the heart of the Burren. It is home to some of the best traditional Irish music you are likely to hear and very close to most of the major world renowned attractions such as Cliffs of Moher, Ailwee Caves, Burren National Park and Lahinch beach to name a few.

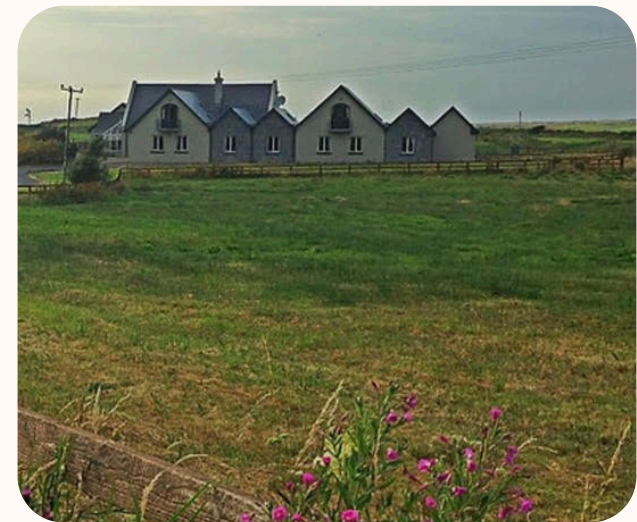
I'm glad to say that I have secured a highly regarded venue called Ballyvara House in Doolin and I have booked a nearby Yoga facility with an outdoor sauna where the meetings will take place. Use of the outdoor thermal facilities will be an option for people to use after the meeting, at lunch time.

This retreat obviously suits more active people with a basic level of fitness. We can break into faster and slower groups if necessary for any of the activities. It is also an option to attend the meetings and do your own thing in the afternoons.

ACCOMMODATION AND LOCATION

Ballyvara House is a substantial luxury self-catering property boasting 11 en-suite bedrooms. All rooms are ensuite and some have a jacuzzi bath. The accommodation has a hot tub and a tennis court. Doolin village is within a half mile walk down the road and Doolin pier is 2 miles away.

[Ballyvara House](#)



VENUE

Doolin Yoga Retreat Centre includes an Outdoor Thermal Suite Area and a selection of yoga classes. It is possible to book a class or use the outdoor thermal suite for after the meetings (lunch time approximately).

[Doolin Yoga Retreat Centre](#)



LOCAL AREA

Village is Doolin Co. Clare- loads of pics and info online about it. Doolin is a beautiful little village in the Burren which is famous for its traditional music. The Burren Co. Clare The Burren, a unique karst landscape in County Clare, Ireland, is renowned for its limestone formations, diverse flora and fauna, and is home to the iconic Cliffs of Moher .

[Doolin Tourism](#)

[Burren & the Cliffs of Moher](#)



SCHEDULE/MEETINGS

- Arrive on Monday Sept 28th for evening dinner-settle in, relax, socialize. Check in time tba.
- Retreat ends after meeting and lunch Saturday Oct. 3rd
- Breakfast provided
- Meetings Monday- Friday, 9.30am until lunch time with coffee break
- Light lunch provided.
- Option for use of outdoor sauna/short yoga class/walk after lunch.
- Afternoon activities walk in the Burren/ Cliffs of Moher/ visit Lahinch.
- 6pm Dinner
- Evening- Possible live music, singing, dancing. No pressure on anyone to sing or play but all welcome to do so.

The Burren is one of the most enchanting and dramatic landscapes in the world. Previous residential participants suggested morning meetings leaving afternoons for exploring this sublime terrain. This also gives an opportunity for one to one conversations whilst walking/hiking. The hikes will be easy/moderate but some level of fitness will be required. This is all optional of course with people free to do their own activities in the afternoons. At least one of the afternoons will be much easier if you are not into hiking e.g. going to Lahinch beach.

PRICING

Prices range from E1500-E1700 for single occupancy to E950-- E1100 for double occupancy (single queen bedroom, two queens bedroom, suite) Also one 3 women dorm room for E800 each. Prices include 5 nights, 6 days meetings, meals and lodging.

MEALS

All meals breakfast, lunch and dinner included. Meals begin with dinner on Monday the 28th and end with lunch Saturday, Oct 3rd. Buffet breakfast and lunch with choice of dinner from the Wild Catering menu .

[Wild Catering](#)

Flight Information

Shannon airport is the closest hub. Dublin airport is about 2.5hrs away from the nearby town of Galway by a bus.

To Book

Please contact Maureen at maureenaddington3@gmail.com or WhatsApp, US Pacific time. Email Maureen for her number.